



PLEASE SUBMIT YOUR ABSTRACT FOR
THE ISBNPA 2021 MEETING
OMAHA, NEBRASKA

(Deadline December 4, 2020)

We welcome novel research in behavioral nutrition and/or physical activity and/or sedentary behavior as well as sleep. Below you can find an overview of the research tracks that will be used to structure the program of next year's ISBNPA annual meeting. These tracks are based on ISBNPA's Special Interest Groups (SIGs).

To give as many attendees as possible the chance to present their work at the conference, the **number of submissions per presenting author is limited to two submissions in total** (symposium, oral presentation or poster):

- maximum 1 regular or late breaking abstract and 1 abstract as part of a symposium (not including role as discussant and chair)
OR
- maximum 2 regular or late-breaking abstracts

A. Ageing (SIG)

Ageing-related research on nutrition, physical activity, sedentary behavior and sleep. The topics can include ageing across the lifespan and are not limited to projects specific to older adults.

B. Motivation and behavior change (SIG)

Motivational dynamics (SDT, motivational interviewing...) and other theoretical approaches (including a focus on personal and environmental determinants) in relation to behavioral change with a focus on nutrition, physical activity, sedentary behaviors and sleep.

C. Cancer prevention and management (SIG)

Lifestyle interventions and behavior change across the cancer prevention and control continuum incorporating primary prevention, screening and early detection, and lifestyle interventions for cancer patients and survivors.

D. e- & mHealth (SIG)

e- & mHealth-related research on nutrition, physical activity, sedentary behaviors and sleep. e- & mHealth are defined as the use of electronic & mobile technologies (e.g. the Internet, mobile devices and apps) to expand, assist or enhance health and health care delivery.

E. Implementation and scalability (SIG)

Research on the implementation and scale up of nutrition, physical activity sedentary behavior and sleep programs and policies into practice.

F. Early care and education (SIG)

Nutrition, physical activity, sedentary behaviors and sleep during the early childhood period with a focus on children's engagement in out of home childcare whether infant care, nursery school, preschool, kindergarten, child care centers, family homes, and other relevant organizational settings.

G. Children and families (SIG)

Research on obesity, nutrition, physical activity, sedentary behaviors and sleep in children and parents. The main objective is to advance understanding of the complex associations of these behaviors with health outcomes and their biological, environmental, psychological and social determinants.

H. Policies and environments (SIG)

Policy and environment research to improve nutrition, physical activity, sedentary behaviors and sleep, including measurement, monitoring, evaluation, stimulation of action and advocacy efforts, definition, dissemination and translation of current and future research in this area.

I. Socio-economic inequalities (SIG)

Research on socioeconomic inequalities in nutrition, physical activity, sedentary behaviors and sleep.

J. Assessment and Methodologies in Behavioral Nutrition and Physical Activity

Research on intervention development and evaluation frameworks, research methods and measurement innovations, and statistical innovations (e.g. EMA, MLM)

K. Disease prevention and management

Research on chronic diseases (e.g. obesity, cardiovascular diseases, diabetes), well-being, quality of Life, mental health and eating disorders.

L. Other

Other topics such as research translation, special populations (e.g. migrants, refugees), pregnancy and early motherhood, developmental origins of health and disease, and health professionals' training, ethical issues, education (e.g. physical education).

If you have any questions about the submission process or have problems entering your submission, please contact annualmeeting@isbnpa.org or executivedirector@isbnpa.org. For more information on the ISBNPA 2020 meeting, please visit the official ISBNPA 2021 meeting website by [clicking here](#).

The call to submit is open from **September 28 to December 4, 2020**.

Abstract Guidelines:

1. Complete the online form carefully. Please note that incorrectly completed forms will not be considered for review.
2. The word limit for the abstract, excluding title and author details, is **350 words**. Submissions should adhere to the **format** detailed below (including headings) as closely as possible.
3. To give more attendees the chance to present their work orally, regular **orals** and **short orals are programmed**. Oral presentations are allocated 10 minutes for the presentation and 2 minutes for discussion. Short oral presentations are allocated 5 minutes for the presentation time and 2 minutes for discussion.
4. Selection of submissions to oral/short oral/posters will be made at the discretion of the **Abstract Review Committee**. Abstracts submitted for oral presentations may be assigned to short orals, or to poster sessions (electronic or traditional).
5. Please designate the corresponding author(s) after entering each author name (all authors can be designated as corresponding authors). In addition, please designate which author is presenting! **‘Presenting’ authors are those who will actually present the paper or poster at the conference and MUST attend the conference.** ‘Corresponding’ authors are those who will receive email notices about the submission. If only one of the co-authors is a ‘corresponding’ author, that author is responsible for communicating abstract submission correspondence to the rest of the co-authors on the paper.
6. If there is an unexpected change in the presenter, please contact annualmeeting@isbnpa.org or executivedirector@isbnpa.org by **April 1, 2021**.

IMPORTANT: If the presenting author is not registered in the conference, and full registration fee payment is not received by this date (April 1, 2021), the presentation will be automatically removed from the program with no further notice.

7. Before submitting, you will be given the opportunity to review all of the information you have provided.
8. You will be notified by email upon receipt of your abstract. Decisions regarding abstract acceptance will be sent to you by **February 22, 2021**, after completion of the review process. No information regarding acceptance will be available before that date.
9. Once submitted, your abstract will be assigned a unique **tracking number**. Please include this number in any correspondence with ISBNPA regarding your submission.

Any requests to **withdraw a submission** must be made in writing and no later than **April 1, 2021** to annualmeeting@isbnpa.org or executivedirector@isbnpa.org.

Abstract:

The following information should be included in the content of the abstract.

- Purpose:** State the primary purpose of the study, including the main research questions or hypotheses being addressed, emphasizing what is innovative about this research.
- Methods:** Quantitative studies should include design, participants, measures and analyses. Qualitative studies should include a reference to the approach being adopted (e.g. discourse analysis, grounded theory) and describe the method of data generation, (e.g. interviews, transcripts of conversations, written accounts). Reviews should include details of the procedures adopted (e.g. literature search, inclusion/exclusion criteria and methods of analysis). All studies should include details of measures and analyses used.
- Results/findings:** Quantitative studies should include a summary of the results, which should contain numerical data. Qualitative studies should include an indication of the main results of the analysis (e.g. examples of themes, categories, responses, discourses to be reported). Reviews should include a summary of the main findings that will be discussed in the paper. This section should present specific findings, rather than suggesting that 'results will be discussed'.
- Conclusions:** Some discussion of the possible contribution to, or implications for, the advancement of behavioral nutrition and/or physical activity knowledge, methods or practice. Significance to the field.

Please note: There is a 350-word limit for each individual abstract;

The abstract review committee will review abstracts according to the following criteria:

- Innovation
- Importance for the field
- Quality of design
- Quality of measures
- Quality of analyses (where relevant)
- Quality of intervention (where relevant)

The innovation criterion will be weighed double so make sure that you highlight the novel, innovative aspects of your study in the abstract.

Thank you for your participation in ISBNPA 2021!